

GINA



Peace is the act of living in harmony with other meaning your surroundings and your neighborhood. Firstly to promote peace in our society we most first of all be peacemakers.

Avoid useless dispute, jealousy, anger just to name a few.

Try to always satisfy your surroundings first before yourself. Infact my participation at the seminar has made me to believe that the above points can make our society live in perfect and perpetual peace.

I personally attended the workshop change communication organized in mbouda on the 18/04/2021 and I have develop the technique because my neighbour and I where never in good terms after the seminar on peace I abandoned my anger and when towards them to make peace and now we live in perfect love and peace.